



# Article Compatibility Study between Fenbendazole and Polymeric Excipients Used in Pharmaceutical Dosage Forms Using Thermal and Non-Thermal Analytical Techniques

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**Abstract:** The body of work described in this research paper evaluates the compatibility between Fenbendazole (Fen), which is a broad-spectrum anthelmintic with promising antitumor activity, and three polymeric excipients commonly applied in pharmaceutical dosage forms. The assessment of binary mixtures was performed by differential scanning calorimetry and thermogravimetric analysis/derivative thermogravimetry to predict physical and/or chemical interactions, followed by X-ray diffraction spectroscopy (XRD), Fourier transform infrared spectroscopy (FTIR), and high-performance liquid chromatography (HPLC) to confirm or exclude any interactions. Thermal studies suggested the presence of interactions between Fen and P 407, PCL, and PLA. To validate these data, XRD showed that Fen is compatible with PCL and PLA, suggesting some interaction with P 407. FTIR demonstrated that PCL and PLA can establish physical interactions with Fen; moreover, it suggested that P 407 interacts not only physically but also chemically, which was later proved by HPLC to be only new intermolecular interactions. This work supports the further application of P 407, PCL, and PLA for the development of new medicinal and veterinary formulations containing Fen, since they do not affect the physical and chemical characteristics of the active ingredient and consequently its bioavailability and therapeutic efficacy.

Keywords: compatibility study; fenbendazole; polymeric excipients

## 1. Introduction

Methyl *N*-(6-phenylsulfanyl-1*H*-benzimidazol-2-yl)carbamate or Fenbendazole (Fen) is a member of the benzimidazole family [1]. Fen has a broad spectrum of activities including antiparasitic [2], fungicidal [3], antiviral [4], and, particularly, antitumor [5], demonstrating a promising effect against different types of cancer, such as skin [6], prostate [7], and kidney [8], with potential application in medicinal and veterinary formulations.

Pharmaceutical dosage forms consist of APIs (active pharmaceutical ingredients) and suitable excipients, which must be pharmacologically inert, physically and chemically compatible, non-toxic, and not affect the drug's bioavailability [9]. Hence, the first step for the development of a pharmaceutical formulation should be a preformulation study, which predicts possible incompatibilities between the API and excipients, investigating potential physical and chemical interactions that can compromise the stability, safety, and efficacy of the final product [10]. Furthermore, the U.S. Food and Drug Administration has launched new regulations establishing drug-excipient compatibility studies as vital for the approval of new formulations [11].

Based on the variety of polymers available and under development, the screening and selection of polymers compatible with the API can be challenging. Therefore, new, fast and reliable analytical techniques are required to identify suitable polymeric excipients



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). for a new formulation as they play roles such as binders, lubricants, suspending, fillers, solubility enhancers, and stabilizing agents, among other functions [12].

The assessment of binary mixtures using thermoanalytical techniques to predict physical and/or chemical interactions between the API and excipients has been extensively reported [10,13–15]. Differential scanning calorimetry (DSC) and thermogravimetric analysis (TGA) have been the most applied techniques for this purpose. Even though the association of data collected from two thermal techniques such as DSC and TGA enables better characterisation of the events related to a sample, this interpretation must be supported by other analytical techniques, such as X-ray diffraction spectroscopy (XRD), Fourier transformed infrared spectroscopy (FTIR), and high-performance liquid chromatography (HPLC). These techniques have been widely applied to confirm or exclude the events suggested by thermal studies [10,13–19].

Moreover, the application of analytical techniques to quickly and efficiently predict incompatibilities between the API and excipients have a direct impact on the pharmaceutical research and development sectors, avoiding trial and error, preventing raw material wastage, reducing the time required for the development of new formulations, and, consequently, decreasing costs [20]. Shakar et al. [19] during the development of a solid dosage form found a low dissolution profile to bisoprolol fumarate and suspected there was some chemical interaction between the API and the disintegrating agents. After HPLC and DSC analysis, they identified that bisoprolol is incompatible with sodium starch glycolate and croscarmellose sodium, which could have been predicted if a prior compatibility study was performed.

To the best of our knowledge, there are very few studies predicting physical and/or chemical interactions between Fen and polymeric excipients commonly applied in pharmaceutical dosage forms [17,21]. Therefore, this work aims to study the compatibility between Fen and three polymeric excipients widely applied in drug delivery, namely P 407, PCL, and PLA, using thermal (DSC and TGA/DTG), spectroscopic (XRD and FTIR), and chromatographic (HPLC) techniques. This work is expected to guide the development of new medicinal and veterinary formulations, mainly generic ones, for those in which a careful selection of excipients is required.

## 2. Materials and Methods

#### 2.1. Materials

Fen was purchased from Molekula (Darlington, UK), Tri-block copolymer of poly(ethylene oxide)-poly(propylene oxide)-poly(ethylene oxide) (Kolliphor<sup>®</sup> P 407 Geismar—P 407, Mw 12,000 g mol<sup>-1</sup>) was obtained from BASF (Burgbernheim, Germany), Polycaprolactone (CAPA<sup>®</sup> 6506—PCL, Mw 50,000 g mol<sup>-1</sup>) was supplied by Perstorp (Warrington, UK), and Poly(lactic acid) (Ingeo<sup>®</sup> 2003D—PLA, Mw 180,477 g mol<sup>-1</sup>) was purchased from NatureWorks (Minnetonka, MN, USA). All other chemicals and reagents were of analytical reagent grade. The chemical structures of Fen and the polymeric excipients used in this study are shown in Figure 1.

#### 2.2. Binary Mixtures

Binary mixtures between Fen and each polymeric excipient were prepared in a 1:1 (w/w) ratio with the components mixed using a pestle and mortar. This ratio was chosen to maximize the probability of observing potential interactions [22].



Figure 1. Chemical structures of (a) Fen, (b) P 407, (c) PCL, and (d) PLA designed using MarvinSketch 15.4.6.

# 2.3. Thermal Analyses—DSC and TGA/DTG

DSC curves were obtained using a Pyris 6 DSC (PerkinElmer, Waltham, MA, USA). Fen thermal characterisation was performed in triplicate using between 6 and 8 mg of the sample in lid-sealed aluminium pans, under a nitrogen atmosphere with a flow of 30 mL min<sup>-1</sup> and a heating rate of 10 °C min<sup>-1</sup> from 40 to 300 °C. Calorimetric curves of neat polymers and binary mixtures were performed using between 6 and 8 mg of the sample in lid-sealed aluminium pans, under a nitrogen atmosphere with a flow of 30 mL min<sup>-1</sup> and a heating rate of 10 °C min<sup>-1</sup> from 30 to 300 °C.

TGA curves were obtained using a Pyris 1 TGA (PerkinElmer, Waltham, MA, USA). Fen was analysed in triplicate using 10 mg of the sample in aluminium pans, under a nitrogen atmosphere with a flow of 20 mL min<sup>-1</sup> and a heating rate of 10 °C min<sup>-1</sup> from 40 to 700 °C. Thermogravimetric curves of neat polymers and binary mixtures were performed using 10 mg of the sample in aluminium pans, under a nitrogen atmosphere with a flow of 20 mL min<sup>-1</sup> from 40 to 700 °C.

DSC and TGA/DTG measurements were performed using Pyris—Instrument Managing Software (PerkinElmer, Waltham, MA, USA).

## 2.4. X-ray Diffraction Spectroscopy

Diffractograms were obtained using a Siemens D500 X-ray powder diffractometer (Karlsruhe, Germany) with Cu *K* $\alpha$  radiation ( $\lambda$  = 0.15418 nm). The 2 $\theta$  (theta) range applied for the test was 10° to 80°.

# 2.5. Fourier Transform Infrared Spectroscopy

Attenuated total reflectance Fourier transform infrared spectroscopy (ATR-FTIR) of the samples was carried out on a Perkin Elmer Spectrum (Waltham, MA, USA), with 4 scans per sample, in the spectral range from 650 to 4000 cm<sup>-1</sup>, and a fixed universal compression force of 85 N.

## 2.6. High-Performance Liquid Chromatography

HPLC analysis was carried out using a system consisting of a Waters Alliance e2695 separations module combined with a Waters 2487 dual  $\lambda$  absorbance detector (Waters Chromatography Ireland Ltd., Dublin, Ireland). The chromatographic analyses of neat Fen and binary mixtures were performed using the protocol published by Ali et al. [23] with minor modifications. A Thermo Scientific<sup>®</sup>BDS Hypersil C8 column (250 mm × 4.60 mm, 5 µm) (Fisher Scientific Ireland Ltd., Dublin, Ireland) maintained at ambient temperature was used as the stationary phase. The mobile phase consisted of methanol and 0.025 M monopotassium phosphate (70:30 v/v) adjusted to pH 3.20 using ortho-phosphoric acid,

filtered, and degassed. A flow rate of 1 mL min<sup>-1</sup> was maintained during the procedure, the detector was set at 288 nm, and the sample injection volume was 10  $\mu$ L. Further analyses were performed using Empower software.

### 3. Results

## 3.1. Thermal Characterisation of Fenbendazole

Figure 2 shows the DSC curves of Fen characterised by a sharp endothermic peak at 244 °C ( $\Delta H = 252 \text{ J g}^{-1}$ ) corresponding to the melting point, followed by decomposition at 271 °C ( $\Delta H = 27 \text{ J g}^{-1}$ ). Though the literature reports the same calorimetric pattern of melting followed by decomposition [24], there is a lack of consensus about the Fen melting temperature ( $T_m$ ) because it relies on the heating rate applied, nitrogen flow rate, and other parameters. For instance, Attia et al. [25] identified the melting peak of Fen at 230 °C, Rodrigues et al. [26] at 214 °C, and Melian et al. [21] at 210 °C.



**Figure 2.** DSC curve of Fen at a heating rate of  $10 \,^{\circ}$ C min<sup>-1</sup>.

In Figure 3, the TGA/DTG curves demonstrate that Fen is stable below 164 °C followed by four main stages of degradation. The first stage of mass loss is from 164 to 269 °C ( $\Delta m = 13\%$ ) with  $T_{peak}$  DTG = 241 °C, the second is from 270 to 357 °C ( $\Delta m = 8\%$ ) with  $T_{peak}$  DTG = 334 °C, the third is from 358 to 506 °C ( $\Delta m = 34\%$ ) with  $T_{peak}$  DTG = 428 °C, and the last is from 507 to 700 °C ( $\Delta m = 34\%$ ) with  $T_{peak}$  DTG = 672 °C. The difference in mass loss ( $\Delta m = 11\%$ ) corresponds to the carbonaceous residue. Similar results were described in the literature by Attia et al. [25]. They described that Fen is stable up to 179 °C followed by four stages of mass loss. The first stage is between 179 and 245 °C ( $\Delta m = 10\%$ ) characterised by the loss of the sulphur atom, the second is between 245 and 345 °C ( $\Delta m = 10\%$ ) represented by the loss of CH<sub>3</sub>O, the third is between 345 and 461 °C ( $\Delta m = 35\%$ ) associated with the loss of C<sub>6</sub>H<sub>5</sub> and CO molecules, and the last one is between 461 and 746 ( $\Delta m = 43\%$ ) represented by the loss of the C<sub>7</sub>H<sub>5</sub>N<sub>3</sub> molecule.

After the API thermal characterisation, it is reasonable to evaluate its physical and chemical interactions with the polymeric excipients since the incompatibility between them can affect the pharmaceutical dosage form properties, and, consequently, the therapeutic efficacy [14]. Therefore, it is required to analyse the DSC and TGA/DTG curves of each neat ingredient followed by their comparison with the curves of the binary mixtures to identify possible alterations of the API thermal behaviour.



**Figure 3.** TGA/DTG curves of Fen at a heating rate of  $10 \degree C \min^{-1}$ .

3.2. Thermal Analysis of the Physical Mixtures by DSC and TGA/DTG

Figures 4–6 show the calorimetric and thermogravimetric curves of neat Fen, neat polymeric excipients, and physical mixtures with all the thermal events numerically described in Table 1.

Table 1. Thermoanalyt	tical data of nea	t excipients and	l physica	l mixtures	between	Fen + pol	lymeric
excipients 1:1 $(w/w)$ at	a heating rate of	of 10 °C min <sup><math>-1</math></sup> .					

	DSC				TG	DTG	
Excipients	Transition	$T_{onset} [^{\circ}C]$	<i>T<sub>m</sub></i> [°C]	$\Delta H [J g^{-1}]$	$\Delta T [^{\circ}C]^{a}$	Δ <i>m</i> [%]	$T_{peak} [^{\circ}C]$
P 407	1st Endo	51	57	185	146-398	96	288
PCL	1st Endo	55	63	112	233-470	92	409
I CL	1st Endo	145	152	18	471–547	6	514
PLA	1St LIIdo	140	152	40	286–411	98	378
Physical mixtures	Transition	$T_{onset}$ [°C]	$T_m [^\circ C]$	$\Delta H  [\mathrm{J}  \mathrm{g}^{-1}]$	$\Delta T [^{\circ}C]^{a}$	Δ <i>m</i> [%]	T <sub>peak</sub> [°C]
Fen + P 407	1st Endo 2nd Endo 3rd Endo	52 219 268	58 236 283	88 46 17	$142-301 \\ 302-339 \\ 340-480 \\ 481-700$	11 5 52 28	233 319 378 615
Fen + PCL	1st Endo 2nd Endo 3rd Endo	56 217 268	62 235 283	54 71 12	140–274 275–433 434–497 498–700	6 63 6 22	230 398 462 591
Fen + PLA	1st Endo 2nd Endo 3rd Endo	143 225 246	148 232 250	3 100 2	173–234 235–259 260–449 450–700	2 2 78 15	216 239 320 604

<sup>*a*</sup>  $\Delta T$  ranges between  $T_{onset}$  and  $T_{endset}$ .



**Figure 4.** Thermal behaviour of P 407—DSC (**a**), TGA (**b**), and DTG (**c**) at a heating rate of  $10 \degree \text{C} \text{min}^{-1}$ . Fen (red), neat polymer (black), and physical mixture (blue).

In general, the calorimetric curve of Fen displays a well-defined endothermic peak characteristic of fusion at 244 °C ( $\Delta$ H = 252 J g<sup>-1</sup>). Hence, any displacement or disappearance of this peak and/or a degree of variation in enthalpy values can indicate either physical or chemical interactions [13,17].

P 407 (Figure 4a) shows a single endothermic peak characteristic of the polymer melting at 57 °C ( $\Delta$ H = 185 J g<sup>-1</sup>), which matches with another study [27]. The calorimetric curve of the physical mixture shows three endothermic peaks at 58 °C ( $\Delta$ H = 88 J g<sup>-1</sup>), 236 °C ( $\Delta$ H = 46 J g<sup>-1</sup>), and 283 °C ( $\Delta$ H = 17 J g<sup>-1</sup>), with an expressive reduction of Fen melting peak anticipated by 8 °C. The TGA curve (Figure 4b) demonstrates a decrease of Fen thermal stability from 164 to 142 °C, representing 22 °C. Kolašinac et al. [27] studied physical mixtures between poloxamer 407 and desloratadine; they reported that the polymer melting point remained unchanged but the desloratadine melting peak shifted to a lower temperature, suggesting an interaction between them.



**Figure 5.** Thermal behaviour of PCL—DSC (**a**), TGA (**b**), and DTG (**c**) at a heating rate of  $10 \degree \text{C min}^{-1}$ . Fen (red), neat polymer (black), and physical mixture (blue).

PCL (Figure 5a) displays a single endothermic peak characteristic of the polymer melting at 63 °C ( $\Delta$ H = 112 J g<sup>-1</sup>), which agrees with the literature [28]. The DSC curve of the binary mixture displays three endothermic peaks at 62 °C ( $\Delta$ H = 54 J g<sup>-1</sup>), 235 °C ( $\Delta$ H = 71 J g<sup>-1</sup>), and 283 °C ( $\Delta$ H = 12 J g<sup>-1</sup>), with reduction of Fen melting peak and anticipation of 9 °C. The thermogravimetric curve (Figure 5b) shows a decrease in Fen thermal stability of 24 °C from 164 to 140 °C. In another study conducted by Yoganathan and Mammucar [29], they also reported a shift of the ibuprofen melting point when loaded in PCL, but their TGA analysis showed no alteration of the drug thermal degradation.



**Figure 6.** Thermal behaviour of PLA—DSC (**a**), TGA (**b**), and DTG (**c**) at a heating rate of  $10 \degree \text{C} \text{min}^{-1}$ . Fen (red), neat polymer (black), and physical mixture (blue).

PLA (Figure 6a) demonstrates a glass transition (T<sub>g</sub>) at 63 °C followed by a melting peak at 152 °C ( $\Delta$ H = 48 J g<sup>-1</sup>) as described in other studies [30–32]. The calorimetric curve of the physical mixture presents three endothermic peaks at 148 °C ( $\Delta$ H = 3 J g<sup>-1</sup>), 232 °C ( $\Delta$ H = 100 J g<sup>-1</sup>), and 250 °C ( $\Delta$ H = 2 J g<sup>-1</sup>) followed by not only a reduction of Fen melting peak but also an anticipation of 12 °C. The thermogravimetric curve (Figure 6b) displays an increase in Fen thermal stability of 9 °C from 164 to 173 °C. Li et al. [31], who studied PLA and dexamethasone, also reported a decrease in the API melting point, but it did not affect the drug properties.

After analysing the calorimetric curves, we can see that all physical mixtures display three endothermic peaks; the first one is attributed to the respective polymer melting transition, the second to Fen melting point, and the third is characteristic of decomposition. All polymeric excipients under study had some impact on Fen thermal behaviour, which can be mainly described as follows: (i) shifting the melting point, (ii) decreasing the melting peak area and height becoming broadened and lowered, and (iii) reducing the enthalpy of fusion. This is an indication of interaction between Fen and each polymeric excipient, but it must be studied by other analytical techniques, such as XRD, FTIR, and HPLC, to confirm or exclude it.

## 3.3. Physical and Chemical Analysis of the Mixtures by XRD, FTIR, and HPLC

To further investigate any possible interactions between Fen and each polymeric excipient, XRD, FTIR and HPLC were employed in this study through qualitative analyses to obtain more information to support the DSC and TGA/DTG results.

The results obtained from Fen diffractogram (Figure 7) reveal its crystalline characteristics with seven well-evidenced peaks appearing at  $2\theta = 10.40$ , 12.59, 17.57, 25.31, 25.81, 26.50, and  $30.98^{\circ}$  with similar results found in the literature [21,33]. After analysing each neat polymeric excipient, their diffractograms revealed the following: P 407 displayed two main signals at  $2\theta = 18.73$  and  $23.81^{\circ}$  (Figure 7a) [21]; PCL exhibited two peaks at  $2\theta = 20.70$ and  $23.19^{\circ}$  (Figure 7b) [34]; and PLA showed a broad diffraction peak associated with its amorphous regions at  $2\theta = 10-25^{\circ}$ , which likely covered up the crystalline domains' peaks (Figure 7c), as the DSC analysis proved the existence of crystallinity due to the appearance of the polymer melting peak at  $152 \,^{\circ}$ C [35].



**Figure 7.** XRD shows the main diffraction peaks characteristic of neat Fen followed by physical mixtures between Fen and (**a**) P 407, (**b**) PCL, and (**c**) PLA. FTIR shows the main signals characteristic of neat Fen followed by physical mixtures between fen and (**d**) P 407, (**e**) PCL, and (**f**) PLA. Fen (red), neat polymers (black), and physical mixtures (blue).

X-ray diffraction patterns obtained from the physical mixtures are virtually the simple superposition of the patterns corresponding to the crystalline phase of each component of the mixture. Despite not seeing any additional crystalline peak, P 407 led to a reduction of some of the main diffraction peaks of the API, such as  $2\theta = 17.57$ , 25.31, 25.81 and 26.50°, which indicates some type of interaction between them. Therefore, further investigation with FTIR is required to exclude any incompatibility since there is the possibility of a chemical interaction happening between the amorphous regions of the components, which would not be noticeable by XRD.

The FTIR spectrum of Fen was confirmed by comparison with SpectraBase—Wiley (43210-67-9), which allowed the identification of its absorption bands. Figure 7 shows the main infrared signals characteristic of Fen at 3336 cm<sup>-1</sup> assigned to the (N-H) stretching mode from the carbamate group, 1630 cm<sup>-1</sup> attributed to the (N-H) bending and the (C-N) stretching modes, 742 cm<sup>-1</sup> assigned to the (phenyl), and 685 cm<sup>-1</sup> attributed

to the (benzenethiol) [21,36–38]. Other less relevant infrared signals are described in the literature such as  $3050-2954 \text{ cm}^{-1}$  attributed to the (C-H) tension mode,  $2650 \text{ cm}^{-1}$  assigned to the (N-H) stretching mode of the benzimidazole ring,  $1708 \text{ cm}^{-1}$  attributed to the (C=O) stretching vibrations of the carbamate carbonyl,  $1442 \text{ cm}^{-1}$  assigned to the (C-N),  $1222 \text{ cm}^{-1}$  attributed to the (C-O), and  $1099 \text{ cm}^{-1}$  attributed to the phenyl-(o) [36,37].

After analysing the infrared profile of Fen, we studied the spectrum of each polymeric excipient to compare them to the spectra of their physical mixtures. The P 407 spectrum (Figure 7d) demonstrates three main infrared signals identified by (C-H) stretching aliphatic at 2882 cm<sup>-1</sup>, (in-plane O-H) bending at 1343 cm<sup>-1</sup>, and (C-O) stretching at 1100 cm<sup>-1</sup> [39]. The PCL spectrum (Figure 7e) can be characterised by (CH<sub>2</sub>) vibrations at 2946, 2870, and 2821 cm<sup>-1</sup>, (C=O) vibrations with a sharp intense peak at 1728 cm<sup>-1</sup>, (CH<sub>2</sub>) bending vibrations at 1465, 1407, and 1362 cm<sup>-1</sup>, (COO) vibrations at 1238 and 1181 cm<sup>-1</sup>, as well as (C-O) vibrations at 1099 and 1047 cm<sup>-1</sup> [40]. The PLA spectrum (Figure 7f) can be identified by stretching frequencies of (C=O) at 1746 cm<sup>-1</sup>, (CH<sub>3</sub>) asymmetric at 2946 cm<sup>-1</sup>, (C-O) at 1080 cm<sup>-1</sup>, and bending frequencies for (CH<sub>3</sub>) asymmetric at 1452 cm<sup>-1</sup> and (CH<sub>3</sub>) symmetric at 1361 cm<sup>-1</sup> [41].

All the exclusive signals responsible for characterising the API were present without the appearance of new ones for the binary mixtures of Fen with PCL and PLA. In general, any decrease of the components' main peaks can be a consequence of dilution, mainly when working with a drug and polymer ratio of 1:1; furthermore, subtle differences between spectra can indicate the presence of intermolecular interactions between Fen and each polymeric excipient, which is a characteristic of physical interactions [27].

By evaluating the whole spectrum of the physical mixture between Fen and P 407 (Figure 8), we identified the disappearance of a signal at 1125 cm<sup>-1</sup>, the appearance of a new one at 996 cm<sup>-1</sup>, followed by two small "shoulders" at 730 and 703 cm<sup>-1</sup>. These two small "shoulders" were present in the spectra of all physical mixtures, but the literature describes these signals at 730 cm<sup>-1</sup> as the in-plane bending mode (C=O) [42] and 703 cm<sup>-1</sup> as the carbon out-of-plane bending vibration mode of benzene [43], which clearly are physical interactions. Nevertheless, P 407 was the only polymer missing a signal, more specifically the one at 1125 cm<sup>-1</sup>, which the literature suggests to be interpreted as asymmetric (C-O-C) stretching vibrations or (C-N) stretching mode representing a physical interaction, followed by the presence of a new signal at 996 cm<sup>-1</sup>, which is suggestive of a chemical interaction [42].



**Figure 8.** Spectral comparison among Fen (red), neat P 407 (black), and physical mixture between Fen and P 407 (blue) to pinpoint the disappearance and appearance of new peaks in the mixture spectrum.

Melian et al. [21] evaluated the mixture between Fen and P 407, analysing their most relevant signals and reporting no visible alteration suggestive of a chemical interaction. Contrastingly, Kolašinac et al. [27] described that the spectra of the physical mixture between desloratadine and P 407 are largely similar to the spectra of each component with subtle differences, indicating the existence of intermolecular interactions between them probably due to the formation of hydrogen bonds characterising a physical interaction. In another study, Pezzoli el at. [44] attributed the appearance of a new band in the spectra of their formulations to the occurrence of new intermolecular interactions. Thus, this new band in the spectra of our physical mixture between Fen and P 407 can very likely be justified by the establishment of new intermolecular interactions between drug–polymer.

In a preformulation study conducted by Siahi et al. [45], HPLC proved to be an efficient qualitative method to confirm the incompatibility between Methyldopa and some pharmaceutical excipients through the presence of a new peak in the chromatograms of the binary mixtures. Figure 9 shows the HPLC chromatogram of neat Fen (a) followed by binary mixtures of Fen and P 407 (b), PCL (c), and PLA (d). HPLC endorses the thermal and spectroscopic assays indicating the compatibility of the API with PCL, PLA, as well as P 407 without the appearance of new peaks that could support the possibility of chemical interactions.



**Figure 9.** HPLC chromatogram of (**a**) neat Fen—retention time: 6.81, followed by physical mixtures between Fen and (**b**) P 407—6.84 min, (**c**) PCL—6.84 min, and (**d**) PLA—6.80 min.

Therefore, it can be concluded that the thermal, spectroscopic, and chromatographic assays reported here attest to the physical and chemical compatibility of Fen with P 407, PCL, and PLA.

#### 4. Conclusions

Thermoanalytical techniques such as DSC and TGA/DTG with the support of XRD, FTIR, and HPLC have proved herein to be fast and efficient methods for predicting physical and/or chemical interactions between Fen and polymeric excipients.

Thermal studies suggested the possibility of interactions between Fen and the polymeric excipients due to their capacity of shifting the Fen melting point, decreasing the melting peak area and height, and reducing the enthalpy of fusion, which can be attributed to the capacity of the polymers to dissolve part of the Fen crystalline structure during DSC measurements or even due to the heterogeneity in the small samples [13]. To validate these data, XRD analysis showed that Fen is compatible with PCL and PLA since its main diffraction peaks remained unchanged in the physical mixture, but it suggested some interaction with P 407. FTIR proved that PCL and PLA do not have any incompatibility that can compromise Fen properties. On the other hand, P 407 demonstrated a physical interaction with Fen possibly by hydrogen bonds and/or hydrophobic interactions; furthermore, we suspected a chemical interaction between them due to the appearance of a new signal, which was later proved by HPLC to be only new intermolecular interactions.

In general, a physical interaction can result in polymorphism formation, change the polymorphic form, and lead to the API solubilization with the excipient creating intermolecular interactions between their functional groups; nevertheless, it is not considered an incompatibility if the excipient does not change the physical-chemical properties of the API [10].

Thus, these results support the further application of P 407, PCL, and PLA in the development of medicinal and veterinary formulations containing Fen since they do not affect the physical and chemical characteristics of the active ingredient, and consequently its bioavailability and therapeutic efficacy. Moreover, this preformulation study using thermal and non-thermal analytical techniques can be a starting tool for the screening of other suitable polymeric excipients for the development of new pharmaceutical formulations to carry Fen, particularly generic ones, for those in which a careful selection of excipients is required.

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